

# **DO YOU SMOKE?**

**University of Oklahoma Health Sciences Center  
Oklahoma Tobacco Research Center**

## **Smartphone-Delivered Automated Video-Assisted Smoking Treatment for Patrons of a Food Resource Center: AVAST – FRC Pilot Study**

The purpose of this study is to test how well an automated smoking treatment program helps smokers who use the services of a Food Resource Center.

**You may qualify if you meet all of the following criteria:**

- Are 18 years of age or older
- Speak English
- Currently smoke 5 or more cigarettes per day
- Are willing to make a quit attempt within 1 week of enrolling in the study

### **What will you be asked to do?**

- You will be asked to complete a baseline questionnaire.
- You will be asked to complete short, weekly questions on a cell phone that will be provided.
- You will be asked to complete follow-up questionnaires at 3-months.

**Compensation for study participation is provided.**

If you have any questions or are interested in participating, please contact:

Catie Knight, MPH, CHES  
(405) 271-8001 ext. 50489

The University of Oklahoma is an equal opportunity institution. Approved by the IRB for study #7277



IRB NUMBER: 7277  
IRB APPROVAL DATE: 10/28/2016